INSTRUCTIONS FOR Omnitrope® 5.8 mg/VIAL

The following instructions explain how to inject Omnitrope® 5.8 mg. Do not inject Omnitrope yourself until your health care provider has taught you and you understand the instructions. Ask your health care provider or pharmacist if you have any questions about injecting Omnitrope.

1. PREPARATION — Collect necessary items before you begin:

- A vial with Omnitrope® 5.8 mg
- A vial with diluent (mixing liquid - Bacteriostatic Water for injection containing benzyal alcohol as preservative) for Omnitrope 5.8 mg
- A sterile, disposable 3 mL syringe and needle for withdrawing the diluent from the vial (not supplied in the pack)
- Sterile disposable 1 mL syringes and needles for under the skin injection (not supplied in the pack)
- 2 alcohol swabs (not supplied in the pack)

2. MIXING Omnitrope 5.8 mg

- Remove the protective caps from the two vials. With one alcohol swab, clean both vials of Omnitrope after mixing is 5 mg/mL.
- After mixing, Omnitrope® 5.8 mg contains a preservative and should not be used in newborns.

3. MEASURING THE DOSE OF Omnitrope 5.8 mg TO BE INJECTED

- Next use the sterile, disposable 1 mL (or similar) syringe and needle for subcutaneous injection. Push the needle through the rubber top of the vial that contains the medicine that you have just mixed.
- Turn the vial and the syringe upside down.
- Be sure the tip of the syringe is in the Omnitrope mixed medicine.
- Pull back on the plunger slowly and withdraw the dose prescribed by your doctor into the syringe.
- Hold the syringe with the needle in the vial pointing up and remove the syringe from the vial.

4. INJECTING Omnitrope 5.8 mg

- With one hand, pinch a fold of loose skin at the injection site. With your other hand, hold the syringe as you would a pencil. Insert the needle into the pinched skin straight in or at a slight angle (an angle of 45° to 90°). After the needle is in, remove the hand used to pinch the skin and use it to hold the syringe barrel. Pull back the plunger very slightly with one hand. If blood comes into the syringe, do not inject into this site; withdraw the needle and repeat the procedure at a different site. If no blood comes into the syringe, inject the solution by pushing the plunger all the way down gently.
- Before you make an injection, clean your skin well with an alcohol swab. Wait for the area to air dry.

5. AFTER INJECTING Omnitrope 5.8 mg

- Discard the injection materials.
- Dispose of the syringes safely in a closed container. You can ask your health care provider or pharmacist for a “sharps” container. A sharps container is a special container to put used needles and syringes in. You can return a full sharps container to your pharmacist or health care provider for disposal.
- The vial of mixed medicine must be stored in the refrigerator in its carton at 36°F to 46°F (2°C to 8°C) and used within 3 weeks.
- The solution should be clear after removal from the refrigerator. If the solution is cloudy or contains particles, discard the vial. Do not inject the medicine from this vial. Start over with a new vial of Omnitrope 5.8 mg. Call your pharmacist if you need a replacement.
- Before each use disinfect the rubber top of the reconstituted vial with an alcohol swab. You must use a new disposable 1 mL syringe and needle for each injection.

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